



**B.V. Patel Institute of Management,
Uka Tarsadia University.**



Date 22-02-2019

Session on “Unleash the Power of Subconscious Mind”

The session **“unleash the power of subconscious mind”** was organized by Faculty of Commerce and Management, Uka Tarsadia University, in which BBA students have participated on 22nd February 2019 from (10am – 01pm). The objective of the session is to guide students to how to use the power of mind in academics. Students were guided towards their visualization power, mind power which remove their fears and motivated them to visualize bright future for them.

During the session students were engaged with several activities like how to build strong memory by visualization, removing fear by strong moral power. Dr Adhia has also discussed nine steps for successful life. Students were gather sound and good knowledge of their inner powers which will facilitate them to create bright future. He has write b books on topics related to the 'mind'; one of his books: 'Spring of Inspiration' is an all-time best seller also provides mind power training in various immense corporate and students in different countries during his career.

Topics covered in the session:

1. What is mind power?
2. How to create history
3. Points to become successful
4. Set your goal.
5. Convert your hobbies in to your profession



